The Down East Sunrise Trail (DEST) takes riders off-road through a variety of landscapes providing scenic views of coastal mountains, forests, open wetlands, and blueberry barrens. Along the way, 28 bridges span tree-lined streams and salmon rivers. 85 miles and growing, the DEST is the longest off-road section of the East Coast Greenway.

**Cherryfield Crossing**

**Location:** Trail crosses ME 193 in Cherryfield.

**Parking:** At North St. - North St. intersects ME 193 about 1 mile north of US 1, and 1/4 mile south of the DEST/ME 193 crossing.

**Trail Section Length:** 7 miles

**Cherryfield to Harrington Points of Interest & Side Trips:**

Trail skirts downtown Cherryfield's historic district and then parallels US1 for almost 3 miles before crossing the Harrington River. A side trip to the historic district for the history and cafes makes for a fun lunch stop. To learn more about the geology of the area view Maine's Ice Age Trail at http://iceagetrail.umaine.edu.

**Cable Pool, Cherryfield**

**Gallison Memorial Library**

**Pass by blueberry barrens and the Pleasant River before the trail becomes semi-remote beyond Columbia Falls.**

**The Wild Salmon Resource Center, Pleasant River Community Forest, Forest Hills Cemetery, Gallison Library, and Ruggles House & Garden are great side trips. A country store, 1 mile east of Columbia Falls is known for doughnuts and makes a good lunch and provisions stop.**

**Jonesboro Station**

**Location:** Trail crosses Station Road northwest of Jonesboro.

**Parking:** Limited parking next to the trail

**Trail Section Length:** 8 miles

**Jonesboro Station to Whitneyville Crossing**

**Points of Interest:**

The trail becomes increasingly remote, crossing the Chandler River, numerous streams, and beaver ponds. It passes by the Jonesboro Wildlife Management Area and provides opportunities for wildlife viewing.

**Whitneyville Crossing**

**Location:** Trail crosses ME 1A just south of Whitneyville.

**Parking:** Limited roadside parking

**Trail Section Length:** 4 miles

**Points of Interest:**

An 1868 schoolhouse turned library in 1966 is located close to the trail in Whitneyville. Leaving Whitneyville, the trail crosses the Machias River and cuts through freshwater marshes and upland forests. Skirting downtown Machias, the trail crosses just two roads in this section before reaching the Machias Station 98.

**Harrington and Columbia Falls Crossings**

**Location:** Trail crosses North St. just north of Harrington; enters Columbia Falls at Tibbetstow & Centerville Rds.

**Parking:** Limited at Harrington and Columbia Falls Crossings. Summer and weekend parking at Narraguagus High School, Harrington.

**Trail Section Length:** 10 miles

Harrington Crossing to Columbia Falls = 6 miles

Columbia Falls to Jonesboro Station = 4 miles

**Points of Interest & Side Trips:**

- Pass by blueberry barrens and the Pleasant River before the trail becomes semi-remote beyond Columbia Falls.
- The Wild Salmon Resource Center, Pleasant River Community Forest, Forest Hills Cemetery, Gallison Library, and Ruggles House & Garden are great side trips. A country store, 1 mile east of Columbia Falls is known for doughnuts and makes a good lunch and provisions stop.

This guide was funded through a Maine Outdoor Heritage Fund grant and the Recreational Trails Program. It is the cooperative effort of the Maine Bureau of Parks and Lands, the Hancock County Planning Commission, the Sunrise Trail Coalition, and Down East and Acadia Regional Tourism.